

DISCOVER THE ART OF THAI YOGA MASSAGE

with Expert Teacher Gab

Auckland, NZ | 15th - 26th July 2024

Become a Certified Thai Yoga Massage Practitioner

Are you passionate about holistic healing and looking to expand your skills in therapeutic massage? This comprehensive Thai Yoga Massage Course is designed to transform you into a proficient practitioner under the guidance of Teacher, Gab.

Thai Yoga
Massage
Practitioner
Course

AUCKLAND
15-26TH JULY 2024



Why Choose this Thai Yoga Massage Practitioner Course?

Expert Instruction and only course in 2024



Gab, our highly experienced and dedicated teacher, brings 18 years of expertise and a deep understanding of Thai Yoga Massage rooted in Chiang Mai, Thailand. Known for his engaging teaching style and profound knowledge, Gab has practiced and trained with over 500 people so far and learned from the best Masters and Teachers in Thailand.

He ensures each student receives personalized attention and mentorship throughout the course. This will be the only TYM Practitioner Course available in New Zealand in 2024!

Comprehensive Curriculum

The course program offers a thorough curriculum that covers different aspects of Thai Yoga Massage. From foundational techniques to advanced practices, you'll gain the skills and confidence needed to provide effective and transformative messages. Key topics include:

- Understanding the principles and history of Thai Yoga Massage including the four foundations of Thai yoga massage (awareness, body mechanics, movement, and massage techniques using hands, knees, feet, and elbows).
- Mastering the art of acupressure and major energy lines (Sen)
- Learning to perform a full-body Thai Yoga Massage
- Techniques for stretching, rocking, and rhythmic massage
- Adapting massages for individual client needs (an introduction to Manual Therapy and what it means to work with the soft tissues of the human body.)
- Experience immersive, hands-on training sessions where you'll practice techniques in real time.

We'll guide you to ensure that you learn and refine your skills through practical application, allowing you to become confident in your abilities.



Chiang Mai Massage - Northern Style - Thai Yoga Massage

Often compared to passive Yoga this bodywork combines stretching and pressure points to improve and unblock the flow of energy. TYM is also known as "Northern Thai Style Massage". Thai Yoga Massage sequence utilizing yoga postures, passive stretching, acupressure, energy work, massage and meditation to assist people in reducing tension, enhancing flexibility, experiencing deep relaxation and improving overall wellbeing. You will incorporate the fundamentals of effortless, flowing transitions between postures, and learn how to maintain proper body alignment and apply energy balance through Thai Sen Lines.

Certification and Recognition

Upon successful completion of the course, you will receive a certification that qualifies you as a Thai Yoga Massage Practitioner. This certification is recognized internationally, allowing you to practice and share your skills. The course is recognized by Hang Dong Thai Massage School and certified by the Institute of Thai Yoga Massage.



Course Highlights and Learning Outcome

Duration: Intensive 100-hour program spread over two weeks of physical classes (60 hours) plus self-study (anatomy and physiology) and practice (10 unsupervised massages). Practical classes are from Monday to Friday for two weeks (15th to 26th of July 2024).

Location: The venue is the beautiful Yoga House @ Orewa House (498 Hibiscus Coast Highway, Orewa, Auckland), this sanctuary of yoga is a serene and conducive learning environment.

Class Size: Limited to 8 students per session to ensure personalized attention.

Materials Provided: Comprehensive training manual, access to online resources, and ongoing support. Students will receive two printed manuals showing the sequence they learn plus a PDF copy.

Schedule: Classes will be Monday to Friday. You are encouraged to start the day with an optional yoga session in the morning at 9am (session not free but discounted). Classes will start at 1045am each day finishing at 430pm on Tuesdays and Fridays and finishing 5pm on Mondays, Wednesdays and Thursdays.

Learning Outcomes: Students will receive an assessment on Fridays and will receive a written report. They are expected to have a 70% minimum mark. The self learning and practical massage should be completed between two weeks and four months after practical classes. By the end of the basic Thai Massage course, participants will receive a certificate and should be able to:

- Perform two full-body Thai Massage sequences (2 hours each massage).
- Apply foundational Thai Massage techniques for the full body with confidence.
- Understand the basic principles of energy lines and holistic healing.
- Communicate effectively with clients and manage a professional practice.
- Maintain proper body mechanics to ensure personal well-being and client safety.



What Our Students Say

"I completed the 2 day introductory Thai Yoga massage course with Gab in Wellington. I found the course hit every note a good course should. Great teaching, interactive, fun, gaining amazing skills in Thai Yoga massage and best of all your body and mind feel fantastic. I found the weekend therapeutic even though there was a lot to learn. I whole-heartedly recommend to course to anyone that has an interest in improving well-being!"
- [Kerry Bentley]

[Read more Google Reviews 5.0 Star - 41 Reviews](#)



Enroll Now and Transform Your Career



Don't miss this opportunity to learn from one of the best in the field. Whether you are a beginner or an experienced massage therapist looking to expand your skills, our Thai Yoga Massage Course will equip you with the knowledge and confidence to excel. Register at [Gab Massage Web](#).

Fee/Investment

10 Days Practitioner Course

- NZ\$1900 Early bird until 1st of July
- NZ\$2200 After 1st of July

One Week Beginners Course or One Week Advance Course (Not Practitioner Course)

- NZ\$1200 Early bird until 1st of July
- NZ\$1300 After 1st of July



Payments accepted: Credit Card, Paypal, Bank Transfer and Afterpay. Payment plans are also available. Places limited. Pay a deposit \$400 per person or a full payment to confirm your place. To book one day only contact us directly. Payment options are available. T's & C's apply

Includes:

All days of training from Monday to Friday at Yoga House studio in Orewa.

- Manual Sequence Booklet and a PDF version.
- Snacks, tea and coffee.
- Certificate of Practitioner of Thai Yoga Massage certified by the Thai Yoga Massage Institute
 - Incorporated and recognized by Hang Dong Thai Massage School (Thailand).



Ready to Start Your Journey?

Enroll at www.gabmassage.com

Contact Gab:

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Spaces are limited, so secure your spot today!

Embark on a transformative journey of healing and become a certified Thai Yoga Massage Practitioner with Gab. Join us and make a meaningful impact in the world of holistic wellness.

